

Swim FAQ:

Why should my child enroll in swimming lessons?

*Improve ability to be safe, comfortable, and confident in the water

*Lifelong skill: to prevent drowning, build confidence, and improve mobility

What age is best to enroll?

Before the age of 3.5...

*Our Starfish program allows children 9 months to 3.5 years to begin acclimating to water with a parent/guardian present; This class is instructor led and incorporates games and activities that are important for a child's first exposure to water safety.

*Once acclimated, children can be recommended by their instructor to advance within the program

What to do at home?

Bathtub...

1. Water running down their hair, over their ears, and eyes
2. Laying flat on their back with ears underwater
3. Breath control of blowing bubbles; breathing in through their mouth and exhaling it out underwater

*For more in-depth instructions on improving breath control in the bathtub, please visit the 'Breath Control' link on the swim home page

Sign up and what is an evaluation?

Click on the Register link for Request an Evaluation; that is found on the main page or each level. If you have any questions, please email swim@interactivegym.org.

*Evaluations are required for enrollment into any level above our introductory Starfish level. This evaluation will help your child acclimate to the environment, understand the expectations of our program, meet our instructors, and ensure the correct level for enrollment.

*Once a level is determined, our front desk staff and Swim Directors will assist you in finding a class to fit your schedule.

*Note: Classes in our program are built around the size of waitlists, so feel free to add to any waitlists and we will do our best to accommodate each family's schedule.

How many children per class?

*Angelfish 1: 2 swimmers per instructor

*Angelfish 2-Pufferfish: 4 swimmers per instructor

*Goldfish-Rainbowfish: 5 swimmers per instructor

Billing?

- *Monthly Billing Cycles; Billing is completed on the 25th of the month
- *Sibling Discount: 15% off for siblings
- *Multiclass Discount: \$14 off second registered class per month
- *Enrollment is continuous and can start anytime (Prorated first month)
- *To end continuous classes, drop slips are due to the front desk by the 24th of each month
- *We are unable to accommodate breaks/pauses throughout the year – billing will continue unless you drop the class and reregister upon returning

How long/often are swim lessons?

- *30-minute weekly lessons 1x per week
- *Additional classes are available based on enrollment

What to bring?

- *Swimsuits and towels are required
- *We recommend a pair of goggles as well as ensuring hair is tied back and out of face/eyes
- *We can provide extra hair ties, and goggles as needed!

Can I miss a lesson?

Yes...

- *1 make-up lesson is allowed every 4 weeks
- *Should your child have an illness or a medical injury that keeps them from swimming for longer periods of time, a doctor's note is required to receive any further form of make-ups.
- *To schedule a make-up class, please reach out to our front desk staff or email swim@interactivegym.org.

What are Swim Intensives?

- *Our 2-week expedited summer sessions are designed to significantly enhance swimming ability in a short time.
- *Our classes are 30 minutes in length and are both age and ability based, from 3-12 years old (Angelfish 2-Sunfish levels).
- *Only offered in June and July in increments of 4x 2-week sessions. The options for each session include 2- or 4-day lesson weeks.
- *Please see [Interactive Academy](#) for more information or to register for Summer Swim Intensives.

Bathroom break during a lesson?

*For the safety of our swimmers and staff, we ask that parents take their own children to the restroom.

*There is a restroom available to swimmers on our pool deck. Our deck staff will retrieve parents at the door and allow them access to help their children in the pool deck restroom.

*To avoid missing class time, we do recommend that you take your child to use the restroom before the beginning of their scheduled class.

My child received a ribbon, what does that mean?

*A Mastery Ribbon indicates that they have been recommended to advance to the next level of our program.

*Please see the front desk or email swim@interactivegym.org for available classes of their new level.

*Should you need to place your child on a waitlist for the next level, they are recommended to stay in their current class until an opening becomes available to ensure their continued progression.

*We frequently hand out incentive ribbons to encourage progression, so please be sure to read the ribbon your child is given. Incentive ribbons are not level mastery; they will not need to move levels.

Can I check my child's progression?

*Visit the customer portal located on Interactiveacademy.org. For more information on how to navigate the portal, please reach out to our front desk staff at 317-733-3000.

*Should you want a detailed skill update on your child's swim progression, please email swim@interactivegym.org with your child's name and "Swim Update" in the subject line.